

Canadian Winter Vehicle Emergency Checklist

A practical starting point for Alberta and Canadian winter travel. Adjust it for route, passengers, weather and remoteness.

Warmth and visibility

■ Warm blanket or sleeping bag	■ Spare gloves, toque and socks
■ Reflective vest	■ Flashlight or headlamp
■ Spare batteries	■ Emergency candles only if safely stored

Traction and recovery

■ Compact snow shovel	■ Traction aid or sand
■ Ice scraper and snow brush	■ Tow strap rated for the vehicle
■ Booster cables or charged jump starter	■ Basic tool kit

Communication and essentials

■ Charged phone and cable	■ Power bank
■ First-aid kit	■ Water and durable snacks
■ Paper map and emergency contacts	■ Required medications

Before leaving

■ Check forecast and road reports	■ Tell someone your route and ETA
■ Fuel above half a tank	■ Clear snow from lights and roof
■ Check tire condition and pressure	■ Test flashlight and jump starter

If stranded, stay with the vehicle when it is safer than walking. Keep the exhaust area clear before running the engine and follow local emergency guidance.