NORTHSCOUT

Dog Hiking First-Aid Checklist

Carry enough to manage minor trail problems and stabilize your dog while arranging veterinary care.

Core supplies

■ Gauze pads and roll gauze	■ Self-adhering bandage
■ Medical tape	■ Blunt-tip scissors
■ Tweezers or tick tool	■ Disposable gloves

Cleaning and protection

■ Sterile saline or wound rinse	■ Antiseptic wipes approved for pets
■ Paw balm or bootie	■ Clean cloth or towel
■ Emergency blanket	■ Muzzle or soft restraint if trained

Trail information

■ Veterinarian phone number	■ Nearest emergency clinic
■ Medication and allergy list	■ Recent photo of your dog
■ Owner contact tag	■ Water and collapsible bowl

Pre-hike check

■ Inspect paws and nails	■ Confirm ID and leash condition
■ Pack enough water	■ Check heat and trail hazards
■ Confirm tick prevention	■ Know your turnaround point

Seek veterinary help for deep wounds, uncontrolled bleeding, breathing trouble, collapse, suspected poisoning, heat illness, fractures or severe pain. Never give human medication unless a veterinarian directs it.